

LEARN-TO-SWIM PROGRAM COLONIE TOWN POOL

TOWN OF COLONIE
PARKS AND RECREATION DEPARTMENT
www.colonie.org

COURSES

Levels

- I. **Non-Swimmers** - Students must have completed kindergarten and be willing to put face in the water.
- II. Must be able to float on front.
- III. Must be able to combine arms and legs with stroke on front and back.
- IV. Must have Level III card or Beginners card.
- V. Must have Level IV card or Advanced Beginners card.
- VI. Must have Level V card or Intermediate card.

Courses I-VI above are 45 minutes in duration, offered at 9:00 a.m., 10:00 a.m., and 11:00 a.m.; **Cost \$40 per course.**

Basic and Emergency Water Safety -

Student must be 11 years of age or older, and able to perform:

- (a) Standing front dive, reasonable good form.
- (b) Swim 250 yards continuously using crawl, sidestroke, and elementary backstroke.
- (c) Tread water 1/2 minute.

One session: 9:00 a.m. - 11:45 a.m.; **Cost \$50.**

TRANSPORTATION

Anyone riding an 8:15 bus for the "Basic and Emergency Water Safety" class will be transported back to the pick up site at 12:00.

| | |
|--|-------------|
| Forts Ferry School@Forts Ferry Rd. | 8:15 |
| Boght Hills School@Dunsbach Ferry Rd. | 8:15 |
| Colonie Community Center@1653 Central Ave. | 8:15 |
| Saddlewood School@Loralee Dr. | 8:15 |
| Maplewood School@Rt.32. | 8:15 |
| Roessleville School@California Ave. | 8:15 |
| Sand Creek Jr.@Sand Creek Rd. | 9:15 |
| Shaker Jr. High School@Rt. 155 | 9:15, 10:15 |
| Menands Ball Park@Menands Rd. | 9:15 |
| Lishakill School@Waterman Ave. | 10:15 |
| West Albany Park@Braintree St. | 10:15 |

Day Camps: Register for 9:00 class at location which corresponds to day camp location.

LEARN-TO-SWIM PROGRAM COLONIE TOWN PARK 2011



PAULA A. MAHAN
Town Supervisor

TOWN BOARD

NANCY R. HERNANDEZ
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WILLIAM E. CARL

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DANIEL A. HORNICK
LINDA MURPHY

ALICIA OSUR
Director of Community Services
(518) 783-2760

LEARN-TO-SWIM 2011 REGISTRATION FORM

Name _____ Grade _____ Ht _____
(Sept. '11)

Address _____

Phone _____
(Home) (Cell)

School _____

Medical Problems _____

Course/Level: _____
Non-Swim I II III
IV V VI Water Safety

Course Time: _____
9:00 10:00 11:00

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General Waiver of Liability: I hereby grant permission for my child to participate in the Colonie Learn-To-Swim Program, and I absolve the Town of Colonie, its Agents and Employees, of any responsibility arising out of injuries incurred during the course of the Program.

The program fee includes mandatory enrollment in a primary accident insurance plan, which provides for payment of medical expenses up to \$5,000 (\$25.00 deductible) in the event that a child suffers an injury while participating in the program. The cost of the coverage is \$3.50 per child.

Parent's Signature _____ Date _____

Note: Parent's signature upon registration will be considered approval of child's physical fitness to participate in the program.

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TEAR AT PERF.

LEARN-TO-SWIM PROGRAM 2011

Program Coordinator: Robert Foggo, Town Pool Manager
 Dates: Weekdays, Mon. June 28th - Fri. July 8th
 (excluding July 4th)
 Class Times: 9:00 a.m.; 10:00 a.m.; 11:00 a.m.
 Duration 45 minutes
 Location: Colonie Town Park Swimming Pool
 Eligibility: Town of Colonie Resident
 Completion of Kindergarten

***Registration: Saturday, June 4th, Colonie Town Pool, New Location, 9:00 a.m. - 12:00 Noon.**

After June 4th, personal registration will only be accepted at the Parks & Recreation Office, Colonie Town Park. The Park Office is open Monday - Friday, 7:30 am - 4:30 pm (783-2760). Mail registration will not be accepted.

- Class sizes are limited, and are filled on a first come, first served basis.
- Each student's registration form must be signed by a parent or guardian.
- Proof of residency is required at registration. Acceptable proof will be either the Parks Department Residency Card, a Colonie Golf Course Permit, or a valid drivers license.
- The registrant's swimming ability is to be proven by an American Red Cross Swimming Achievement Card, which must accompany the registration form. To ensure safety, registrants without a card will initially be placed in a "Beginners" class.
- The Town of Colonie reserves the right to cancel a class due to insufficient enrollment.
- An attendance policy is necessary to ensure that students receive adequate instruction. Students will be required to attend a minimum of 7 classes in order to be tested and eligible to receive the Red Cross Certification of Completion Card.
- Make checks payable to the Parks and Recreation Department.
- Request for refunds will be granted until Friday, June 17th.